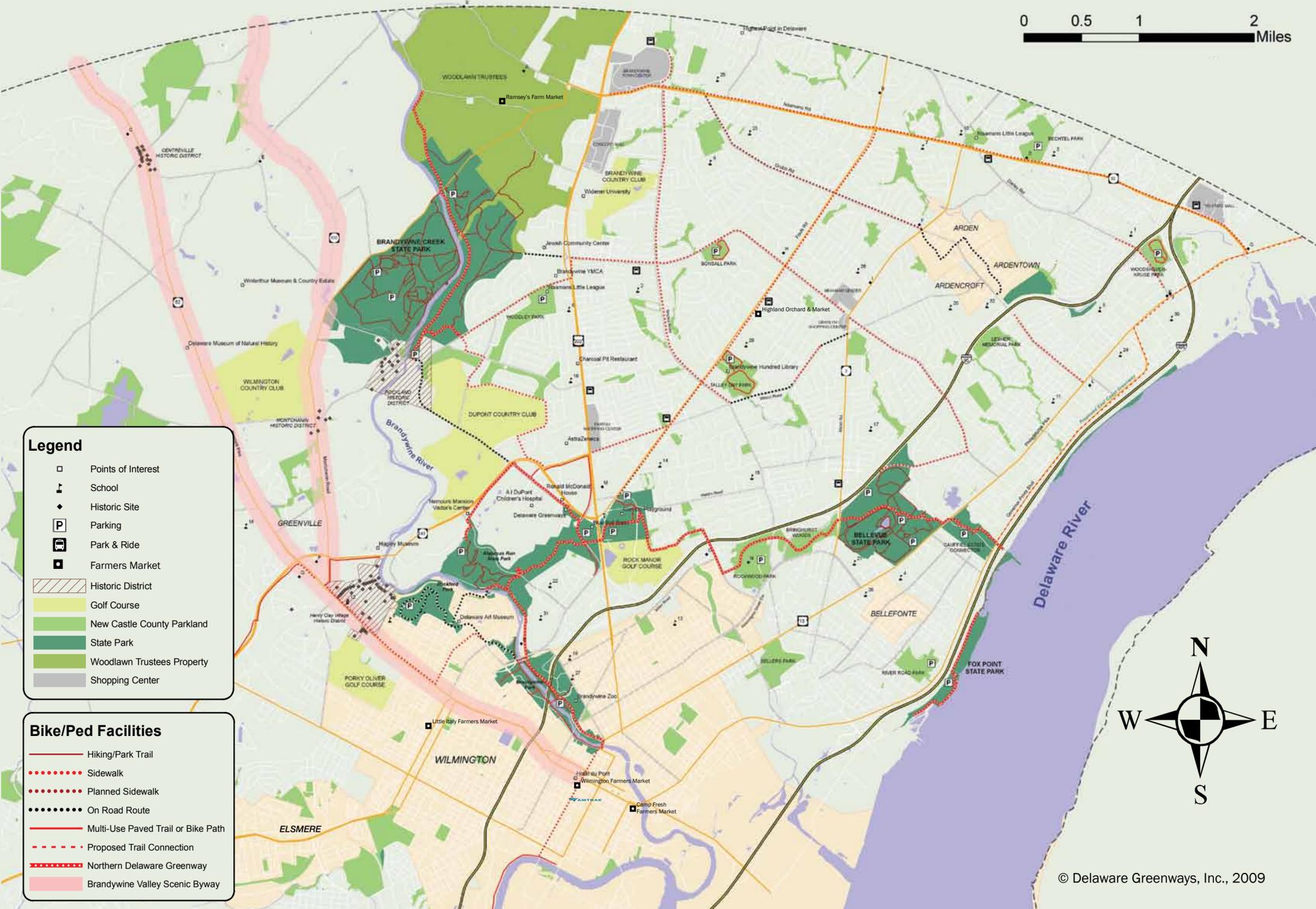


# Brandywine Hundred Walking Map



**Legend**

- Points of Interest
- 🎓 School
- ◆ Historic Site
- P Parking
- 🚗 Park & Ride
- 👤 Farmers Market
- ▨ Historic District
- 🏌️ Golf Course
- 🌳 New Castle County Parkland
- 🌲 State Park
- 🌳 Woodlawn Trustees Property
- 🏪 Shopping Center

**Bike/Ped Facilities**

- Hiking/Park Trail
- ⋯ Sidewalk
- ⋯ Planned Sidewalk
- ⋯ On Road Route
- Multi-Use Paved Trail or Bike Path
- - - Proposed Trail Connection
- Northern Delaware Greenway
- Brandywine Valley Scenic Byway



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## About the map...

The *Brandywine Hundred Walking Map* illustrates some of the many opportunities for walking and bicycling throughout and around Brandywine Hundred. In addition, the map highlights some of the area's numerous recreational, cultural, and historical resources. It is our hope that this map will assist you in finding local connections to these nearby destinations and inspire you to enjoy the many 'close to home' recreational opportunities that characterize the region.

This is the second in Delaware Greenways' series of community walking maps aimed at promoting the awareness and use of the state's many greenway and trail connections. Nearby recreational, historic, and cultural resources along with schools and other destinations are also highlighted to help you navigate throughout your community. Walking or bicycling to school or other nearby locations reduces automobile trips and helps improve local air quality.

New to the Brandywine Hundred's Walking Map is the addition of several farmers' market locations for your convenience to healthier food. Farmers' market produce is renowned for being fresh and grown in Delaware. We know that greater access to farmers' markets increases consumption of fruits and vegetables.

## About the facilities...

Brandywine Hundred contains a fairly dense network of sidewalks and connections. In addition, many neighborhood streets and regional roads are suitable for walking and bicycling, particularly those with wide shoulders. However, not all sidewalks, connections, or road routes are indicated.

This allows you to navigate off landmarks and highlighted routes identified on the map. Additionally, all facilities shown are publicly accessible. While numerous informal trails and connections exist throughout the area, remember to always respect private property.

## Find out more...

To find out more about various walking and bicycling opportunities in Delaware, visit Delaware Greenways on the web at [www.delawaregreenways.org](http://www.delawaregreenways.org) or send an email to [greenways@delawaregreenways.org](mailto:greenways@delawaregreenways.org).

For information about county and state park facilities, go to [www.ncdce.org](http://www.ncdce.org) or [www.destateparks.com](http://www.destateparks.com).

## Schools

- |                                 |                                    |
|---------------------------------|------------------------------------|
| 1 DARLEY ROAD ELEMENTARY SCHOOL | 17 CARRCROFT ELEMENTARY SCHOOL     |
| 2 SPRINGER MIDDLE SCHOOL        | 18 A I DUPONT HIGH SCHOOL          |
| 3 TALLEY MIDDLE SCHOOL          | 19 SALESIANUM SCHOOL               |
| 4 MT PLEASANT ELEMENTARY SCHOOL | 20 ST EDMONDS ACADEMY              |
| 5 CLAYMONT ELEMENTARY SCHOOL    | 21 MT PLEASANT HIGH SCHOOL         |
| 6 CHARLES BUSH SCHOOL           | 22 WILMINGTON FRIENDS UPPER SCHOOL |
| 7 LANCASHIRE ELEMENTARY SCHOOL  | 23 BRANDYWOOD ELEMENTARY SCHOOL    |
| 8 TOWER HILL                    | 24 HOLY ROSARY                     |
| 9 HANBY MIDDLE SCHOOL           | 25 CONCORD HIGH SCHOOL             |
| 10 CONCORD CHRISTIAN ACADEMY    | 26 ST HELENAS                      |
| 11 MAPLE LANE ELEMENTARY SCHOOL | 27 WARNER ELEMENTARY SCHOOL        |
| 12 A I DUPONT MIDDLE SCHOOL     | 28 FORWOOD ELEMENTARY SCHOOL       |
| 13 P S DUPONT ELEMENTARY SCHOOL | 29 BRANDYwine HIGH SCHOOL          |
| 14 LOMBARDY ELEMENTARY SCHOOL   | 30 ARCHMERE ACADEMY                |
| 15 IMMACULATE HEART OF MARY     | 31 WILMINGTON FRIENDS LOWER SCHOOL |
| 16 ST MARY MAGDALENE            | 32 WILMINGTON MONTESSORI SCHOOL    |

## Historic Structures

- |                                  |                                    |
|----------------------------------|------------------------------------|
| A WILLIAM HICKLEN HOUSE          | K NAAMANS CREEK SCHOOL             |
| B JOSHUA PYLE HOUSE & WAGON BARN | L LACKEY MANSION                   |
| C JOSEPH CHANDLER HOUSE          | M LOMBARDY HALL                    |
| D IVYSIDE FARM                   | N ROCKWOOD MANSION & GARDENS       |
| E CENTER MEETING & SCHOOL HOUSE  | O THOMAS TALLEY FARM               |
| F STAR OF BETHEL LODGE           | P SAINT JOSEPH'S ON THE BRANDYwine |
| G THOMAS ROBINSON HOUSE          | Q BRINDLEY FARM                    |
| H WILLIAM TALLEY HOUSE           | R AUGUSTINE PAPER MILL             |
| I THOMAS RAMBO HOUSE & BARN      | S BEAVER VALLEY ROCK SHELTER       |
| J DARLEY HOUSE                   | T BLUE BALL DAIRY BARN             |



## No Child Left Inside Campaign

Delaware Greenways, Nemours Health and Prevention Services and Delaware State Parks have formed a unique health and recreation partnership creating the "No Child Left Inside" campaign in Delaware to promote physical activity through the regular use of outdoor recreation facilities in Delaware.

The campaign's goal is to stop a worrisome trend among America's youth: the lack of connection with the outdoors and decreasing amounts of physical activity. This trend has a profound effect on children's health and well-being. Approximately 37% of children in Delaware are overweight or obese.

As they grow older, overweight children are at greater risk of suffering major health problems including abnormal cholesterol, high blood pressure, type 2 diabetes, asthma, depression and anxiety. Children also lack the mental health benefits that come with spending time outdoors in play and study, such as stress reduction and increased attention and critical thinking skills.

With more than fifty parks and over 10 miles of groomed trail, most residents of Brandywine Hundred are within two miles of green space. The No Child Left Inside partners hope that this map will assist families to take the challenge: Turn off the TV, unplug the electronics, and just go out and play!

The No Child Left Inside campaign promotes the wonderful parks, trails, playgrounds and other outdoor facilities in Delaware and highlights the importance of getting kids active and outdoors. No Child Left Inside web pages have been established - [ncli.delawaregreenways.org](http://ncli.delawaregreenways.org) - to be a clearinghouse for family oriented, outdoor activities across the state. These web pages feature campaign updates, trail maps, informational links to other health and recreational providers, health and active lifestyle tips, a calendar of outdoor activities, and upcoming outdoor events and programs.



**NO CHILD LEFT inside**  
CONNECTING FAMILIES to the OUTDOORS



# Brandywine Hundred

## Walking Map



## About Nemours Health and Prevention Services

Nemours Health & Prevention Services, a division of Nemours, one of the nation's largest pediatric health systems, works with families and community partners to help children grow up healthy. One of its initial areas of emphasis is childhood obesity prevention through the promotion of healthy lifestyles, the centerpiece of which is the 5-2-1-Almost None healthy lifestyle message. To learn more, go to [www.nemours.org](http://www.nemours.org).

## About Delaware Greenways...

Delaware Greenways is a non-profit organization committed to the preservation and enhancement of Delaware's natural, scenic, historic, cultural, and recreational resources.

Delaware Greenways was founded in 1989 to help preserve and connect open spaces throughout Delaware. Our main office is located in the historic Bird-Husbands House at 1910 Rockland Road along the Northern Delaware Greenway in Alapocas Run State Park. View this and other maps online at [www.delawaregreenways.org](http://www.delawaregreenways.org).

## About the Northern Delaware Greenway...

The Northern Delaware Greenway (NDG) is a system of pathways and trails extending from the Delaware River to the Brandywine River. The primary corridor runs just over 5 miles from river to river. However, spurs extending north to Brandywine Creek State Park and south into Wilmington create a network more than 10 miles long. Current projects will extend the NDG west to connect parks and communities in Marshallton, the Pike Creek Valley, and Newark. Future plans call for connections to Lums Pond State Park and trails along the Chesapeake & Delaware Canal. Additional future projects will interconnect communities below the canal and extend the greenway system into Kent County.



## Five-Two-One-Almost None

The percentage of young people who are overweight has more than tripled in the last 20 years. About 35% of children in the U.S. and 37% in Delaware are overweight or obese.

Nemours is taking a leading role to help people understand the causes and health implications of obesity and the best ways to promote healthier lifestyles among children and families. Our "formula for a healthy lifestyle" is **5-2-1-Almost None**:

- Eating at least **five** servings of fruits and vegetables a day,
- Watching **two** or fewer hours of screen time a day,
- Getting **one** or more hours of physical activity a day,
- And drinking **almost no** sugary beverages.



Visit [www.MakingKidsHealthy.org](http://www.MakingKidsHealthy.org) to learn more, from Nemours Health and Prevention Services.



## Benefits of Physical Activity

According to the Surgeon General, walking 30 minutes a day can help:

- Reduce risk of cardiovascular disease
- Control weight and reduce body fat
- Maintain healthy bones and joints
- Reduce risk of diabetes
- Lower blood pressure
- Lower cholesterol levels
- Reduce symptoms of anxiety and depression

—More information on the health benefits of walking and bicycling is available from the Centers for Disease Control and Prevention at [www.cdc.gov](http://www.cdc.gov).

—For information about county and state park facilities, go to [www.nccde.org](http://www.nccde.org) or [www.destateparks.com](http://www.destateparks.com).

	Wooded Area	Volleyball	Tennis	Soccer	Softball	Restrooms	Playground	Picnic Tables/Area	Pavilion/Gazebo	Paved Trail/Loop	Parking	Open Space	Nature Center	Mountain Biking	Little League	Horseshoes	Horseback/Riding Trails	Hiking/Nature Trails	Handball	Grills	Fishing	Dog Park	Disc Golf	Basketball	Local Parks and Amenities:	
																									Bechtel Park	
																										Bonsall Park
																										Bringhurst Woods
																										Leshler Memorial Park
																										River Road Park
																										Rockwood Park
																										Talley Day Park
																										Woodley Park
																										Woodshaven-Kruse Park
																										Alapocas Run State Park
																										Bellevue State Park
																										Brandywine Creek State Park
																										Fox Point State Park

## Can Do Playground at Alapocas Run State Park

The Can-Do Playground is a children's playground and garden providing children of all ages and abilities the opportunity to play and create adventures. The playground will physically challenge users, while the garden will offer mazes, games and theme gardens for the mind.

The 27,000 square foot Can-Do Playground, is the first Boundless Playground™ in Delaware. The Can-Do Playground development involved the partnership between the six Wilmington area Rotary Clubs, Delaware State Parks and DelDOT and is part of the Blue Ball project. This integrated play area allows all children, both those who are 100% enabled and those with disabilities, to play together. For more information, visit [www.CanDoPlayground.org](http://www.CanDoPlayground.org).



## Tips for Enjoying Walking Trails and Bicycle Paths...

- Stretch before and after physical activity to prevent injury
- Wear proper clothing—layered when cold, loose-fitting when hot, reflective or bright colored clothing at dusk or at night
- Drink plenty of fluids (water is best), especially on hot and humid days
- Be considerate of other pedestrians and cyclists

- Stay to the right, pass on the left; communicate when passing
- Keep pets leashed & under control (clean up after them)
- Help keep the outdoors beautiful, remove litter and other debris from sidewalks or pathways
- Cross roads only at intersections or marked crosswalks
- Always wear a helmet when bicycling or rollerblading

